



Soroptimist International of Western Canada

2015 Fall Retreat

Friday, September 18 – Sunday, September 20

Sandman Hotel & Suites
32720 Simon Ave.
Abbotsford, BC V2T 0B8
Phone: 604-556-7263
Fax: 604-556-7253

See Page 2 for
Retreat Registration

Use Group Code #:
66619

when making your hotel
reservations

Are You All In?

Our region retreat is the place to get **IN**formed,
INvolved and **IN**spired!

Soroptimist Foundation of Canada

Annual General Meeting to be held at this year's retreat.

We are excited to have the opportunity to host the AGM this year at our region retreat. This is an opportunity to learn more about SFC and the role they play in assisting clubs of Canada with programs for women and girls.

The Soroptimist Foundation Of Canada offers up to seven \$1,000.00 grants to Canadian Soroptimist clubs holding educational programs for

women and / or girls.

Join us for the SFC Reception Friday night (free with registration), a presentation and the AGM on Saturday, and a dinner hosted by SFC on Saturday evening (Cost \$45) featuring the winner of the SFC grant.

Shop at the retreat and renew your wardrobe! Please bring your brand new items *and* gently used (clean) women's clothing and accessories to our first annual

Joy Smith Foundation
Fundraiser

Sorop 'Till You Drop

All proceeds to be donated to the Joy Smith Foundation
To learn more about the foundation please visit:
<http://joysmithfoundation.com/>

Retreat Agenda



Friday, Sept. 18

7:00 P.M.

SFC Hosted Reception
(no host bar)

Saturday, Sept. 19

(Saturday & Sunday retreat
Cost \$65/ \$75)

9:00 A.M.

Registration and Welcome
10:00 A.M. – Breakthrough
Leadership

Noon - Buffet Lunch

1:00 P.M. - Workshop

3:20 - SFC Presentation

4:00 - SFC AGM

5:00 – Adjourn

6:30 P.M.

SFC Hosted Dinner

Cost \$45

Speaker (SFC Grant winner)

Sunday, Sept. 20

9:00 A.M.

SIA Presentation
Club Sharing

12:00 - Adjourn

Meet Your Presenters



Lynn & Melanie Robinson
The Robinson Group and
Life Without Regrets

The Robinson Group utilizes the NLP communication model in all of their training programs. NLP, or Neuro Linguistic Programming is the study of excellence. It was developed through modeling the behavior and strategies of people who achieved excellence in their field of expertise. It utilizes the power of the mind to enhance performance and is the language of leaders.

“Our clients acquire tools to challenge, and then change the beliefs that limit them in achieving their goals. They learn to listen and communicate more effectively, building strong, supportive relationships”.

One of Lynn’s outstanding abilities is her talent for recognizing where the real issues lie and getting to the core of that elusive problem. Through her presence she creates an

environment of trust and transformation where change happens quickly, comfortably and easily, as she helps individuals and teams to breakthrough the barriers which limit their performance.

Their Promise

Lynn and Melanie promise Insight, new perspectives and results. Their purpose is to help professionals build their inner resources, while building their leadership skills. This is done through Training and development, breakthrough coaching and consulting.

Lynn and Melanie are proud supporters of Soroptimist.

Sandman Hotel
604-556-7263
Group #: 66619

REGISTRATION FOR WESTERN CANADA REGION RETREAT 2015

MAKE CHECKS PAYABLE TO:
Western Canada Region Soroptimist

SEND PAYMENT TO:
Sherri Smith
38 Roberts Cres.
Red Deer, AB T4P 3K7

EARLY REGISTRATION (Region Retreat Only) \$65 DEADLINE JULY 30 (\$75 after July 30)

Club Name: _____

Participant: _____

Address: _____

Phone: _____

Email: _____

Retreat \$ _____ (\$65 before July 30/ \$75 after July 30)

SFC Dinner \$ _____ (\$45)

Total Enclosed: \$ _____ Special Dietary Needs? _____

